



for the Parents/Guardian

- Notify the school principal as well as the school nurse, guidance counselor, and teacher(s) that your child has diabetes** when the student enrolls in school or is newly diagnosed with the disease.
- Work with your child's personal diabetes health care team to develop a Diabetes Medical Management Plan that contains the medical orders for your child.** Use the sample plan in this guide as an example of the information to include. (See pages 99-106.)
- Submit the signed Diabetes Medical Management Plan** from your child's personal diabetes health care team to the school nurse or other member of the school health team as soon as possible after your child has been diagnosed with diabetes, at the beginning of each school year, and when there are changes in your child's diabetes care plan.
- Permit sharing of medical information necessary for your child's safety** between the school and your child's health care providers. Talk with your child's personal diabetes health care team about communicating with the school health team and responding to student emergencies as they occur.
- Provide accurate and current emergency contact information to the school,** and update the school about any changes.
- Obtain completed copies from the school nurse of your child's Emergency Care Plans for Hypoglycemia and Hyperglycemia based on the medical orders in the Diabetes Medical Management Plan.** These plans inform school personnel about the symptoms of low and high blood glucose, what to do, and who to contact in case of an emergency. Be aware of the school's policy for activating Emergency Medical Services (EMS) in case of a diabetes emergency (see sample plans, pages 109-112).
- Attend and participate in the initial and annual meetings of the school health team to discuss implementing the medical orders in your child's Diabetes Medical Management Plan, to review the services your child may need, and to develop a 504 Plan, other education plan, or Individualized Education Program.** The education plan is developed to manage the student's diabetes safely and effectively in school, where required under Section 504 of the Rehabilitation Act of 1973 or the Individuals with Disabilities Education Act. The school health team generally includes the student,

Continued on next page

Section 2

Actions for the Parents/Guardian *Continued*

the parents/guardian, school nurse, principal, 504/IEP coordinator, teachers, and other school personnel who have responsibility for your child during the school day. (See pages 21-26 for more information about the education plans.)

- Be knowledgeable about Federal and State laws that may apply to students with diabetes**, including Section 504 of the Rehabilitation Act of 1973, the Americans with Disabilities Act, and the Individuals with Disabilities Education Act. Understand the procedures for implementing these laws. (See Section 4.)
- Review the information in this guide about effective diabetes management in the school setting and refer to it, as needed, to help your child and** to work collaboratively with your child's personal diabetes health care team and the school health team.
- Check the Resources section of this guide** for organizations that can help you and your child with managing diabetes in the school setting.
- Provide specific information to the school health team about your child's diabetes and performance of diabetes care tasks at home.**
- Inform the school nurse or designated school staff about any changes in your child's health status or medical orders.**
- Provide all supplies and equipment necessary for implementing your child's health care and education plans.** These include blood glucose monitoring equipment, supplies for insulin administration and urine and blood ketone testing, snacks, quick-acting glucose products, and a glucagon emergency kit.
- Consult with the school nurse to monitor supplies and replenish them, as needed; refill or replace supplies that have expired.**
- Provide and maintain all supplies and equipment necessary to accommodate your child's long-term needs (72 hours) in case of a disaster or emergency.** (See page 49 for information about disaster planning supplies).
- Inform appropriate school staff (principal, teachers, coaches, and others) when your child plans to participate in school-sponsored activities** that take place before or after school or off campus so that health care coverage can be coordinated to ensure your child's health and safety.
- Respect your child's confidentiality and right to privacy.**