

LOW BLOOD SUGAR EMERGENCY SUPPLIES

for _____

If _____ is:

feeling too low to walk to the classroom to test his blood sugar: please give him _____, call office.

unable to drink a juice, but still conscious: put some cake gel in between his gums and cheek, call office.

unconscious: do NOT place anything in his mouth. Stay with him and have someone call 911.

This is a handy little card that you can print out, trim and glue together front to back. It will fit nicely in a sandwich-size baggie, and you can include whatever juices your child uses for low blood sugar, a cake gel, etc. Make a bag for each classroom your child will be in, including specials like art, PE, music, library.

Diabetes at a glance care for a child with diabetes

- **d**rinking extra fluids throughout the day
- **i**mmEDIATE response to a low
- **a** heads up for parties and extra snacks
- **b**athroom privileges
- **e**ating snacks during the day
- **t**esting blood sugars
- **e**xtra vigilance and attention
- **s**ubstitutes need to know