

# HIGH BLOOD SUGAR

## Symptoms to watch for:

- increased thirst and urination
- large amounts of sugar in the blood
- ketones in urine
- fatigue

If high blood sugar is left untreated, the following symptoms may occur (signs of ketoacidosis):

- weakness, pains in stomach, aching all over
- heavy, laboured breathing
- loss of appetite, nausea and vomiting

## Causes:

- not enough insulin
- too much food
- infection, fever, illness
- emotional stress/excitement
- reaction to pain

## What to do:

- parents or \_\_\_\_\_ immediately according to Health Plan
- take fluids without sugar if able to swallow
- test blood sugar frequently
- test urine for ketones
- if stated in Health Plan, administer insulin