

Ellen Fay-Itzkowitz (LCSW, CDCES) received her Master's Degree in Social Work from the University of Denver, where she graduated with honors in 1998. Ellen worked as part of the interdisciplinary team at the Barbara Davis Center for Childhood Diabetes in Denver from 1998-2008, and rejoined the team after a two year stint at McLean Hospital in Boston, MA where she did emergency psychiatry and was a family therapist for a residential OCD treatment facility.

Since 1997, Ellen's passion has been working with children, families and adults living with T1D, focused primarily on helping them to address the emotional aspects of living life with a chronic condition. In order to better understand some of the challenges people with T1D face, Ellen obtained a certification in diabetes education in 2003.

Additionally, Ellen is a world renowned whistler who has entertained many a senior center with her renditions of *My Favorite Things* and *Patsy Cline's Crazy*, and she has frequently been mentioned as the west of the Mississippi's foremost expert on *Ira Glass*.

In her spare time, Ellen enjoys wine, a good game of Scrabble, walking or long boarding in Denver's City Park, tennis, Pilates and most of all, spending time with her husband and son in Denver, CO.