

Field Trip Considerations

Parents will want to make the following arrangements with the classroom teacher and school prior to the start of the school year regarding field trips:

√ Ask to have an open invitation for accompanying your child on all field trips as a classroom chaperone.

√ If parents cannot attend on a regular basis, a designated staff member, other than the classroom teacher, must be trained to attend all field trips. This staff member should:

1. Know the basics of diabetes management including signs and symptoms of high and low blood glucose reactions and appropriate response and treatment.
2. Understand the implications of extended exercise. (i.e. walking all day through the zoo).
3. Understand the potential consequences of altering designated snack and meal schedules.
4. Carry all emergency supplies including: juice or other source of sugar (raisins, jelly beans, frosting gel, glucose tabs) extra snacks (fruit, yogurt, sandwich, crackers), parents and emergency phone numbers, water, insulin, Glucagon and blood glucose monitor and testing supplies (older children may want to carry their own blood glucose meter and testing supplies).
5. Be trained in and willing to administer insulin and Glucagon.

√ The school should provide staff members with cell phone in the event of an emergency.

√ Bus drivers need to know the child may eat and or drink.

√ The personnel at the venue where the field trip is to take place need to know food and drink will be brought in as a medical necessity.