LOW BLOOD SUGAR EMERGENCY SUPPLIES
for __________________

If __________________ is:

**feeling too low to walk** to the classroom to test his blood sugar: please give him ________, call office.

**unable to drink a juice, but still conscious:** put some cake gel in between his gums and cheek, call office.

**unconscious:** do NOT place anything in his mouth. Stay with him and have someone call 911.

This is a handy little card that you can print out, trim and glue together front to back. It will fit nicely in a sandwich-size baggie, and you can include whatever juices your child uses for low blood sugar, a cake gel, etc. Make a bag for each classroom your child will be in, including specials like art, PE, music, library.

# Diabetes at a glance care for a child with diabetes

- **drinking extra fluids throughout the day**
- **immediate response to a low**
- **a heads up for parties and extra snacks**
- **bathroom privileges**
- **eating snacks during the day**
- **testing blood sugars**
- **extra vigilance and attention**
- **substitutes need to know**