DIABETES SUPPORT STAFF INFORMATION: DELEGATION OF DIABETES CARE TASKS TO UNLICENSED ASSISTIVE PERSONNEL

Colorado Revised Statute § 12-37-108(1)(j), C.R.S§. 12-38-132(6) and the Department of Regulatory Agencies, Division of Registrations, Board of Nursing Rules and Regulations 3 CCR 716-1 Chapter XIII provide the legal authority and guidelines for the delegation of diabetes care tasks

- **3. DEFINITIONS:** For the purposes of these Chapter XIII rules, the following terms have the indicated meaning.
 - **3.2** "Client" means the recipient of nursing care.
 - "Delegatee" means an individual receiving the Delegation who acts in a complementary role to the professional nurse, who has been trained appropriately for the task delegated, and whom the professional nurse authorizes to perform a task that the individual is not otherwise authorized to perform.
 - 3.4 "Delegation" means the assignment to a competent individual the authority to perform in a selected situation a selected nursing task included in the practice of professional nursing as defined in section 12-38-103(10).
 - 3.5 "Delegator" means the professional nurse making the Delegation; the Delegator must hold a current, active license.
 - Individualized Healthcare Plan ("IHP") means a plan for a specific Client that is developed by a professional nurse employed or contracted by the Client's School or Licensed Child Care Facility, in conjunction with the Client and parent or guardian and, if applicable, based on the Client's Practitioner's orders for the administration of Medications and/or treatments for the Client.
 - 3.11 "Supervision" means the provision of guidance and review by a qualified professional nurse for the accomplishment of a nursing task or activity, with initial direction of the task, periodic inspection of the actual act of accomplishing the task or activity, and evaluation of the outcome.

8. DELEGATION OF INSULIN AND GLUCAGON ADMINISTRATION IN THE SCHOOL SETTING AND LICENSED CHILD CARE FACILITY

- The injection of insulin or glucagon is a nursing task that may be delegated in accordance with the requirements of these Chapter XIII rules. The selection of the type of insulin and dosage levels shall not be delegated.
- An IHP shall be developed for any Client receiving insulin in the School or Licensed Child Care Facility setting. Delegation of tasks for Clients with diabetes shall be confined to procedures that do not require nursing assessment, judgment, evaluation or complex skills.
 - A. By example, but not limited to the following list, the IHP may include:
 - i. Carbohydrate counting
 - ii. Glucose testing
 - iii. Activation or suspension of an insulin pump
 - iv. Usage of insulin pens
 - v. Medical orders
 - vi. Emergency protocols related to glucagon administration
- 8.3 Insulin injection by the Delegatee shall only occur when the Delegatee has followed the guidelines of the IHP.
 - A. Dosages of insulin may be injected by the Delegatee as designated in the IHP after meeting the training requirements designated in the IHP.
 - B. Non-routine, correction dosages of insulin may be given by the Delegatee only after:
 - i. Following the guidelines of the IHP; and
 - ii. Consulting with the Delegator, parent or guardian, as designated in the IHP, and verifying and confirming the type and dosage of insulin being injected.
 - C. Under Section 8.3, insulin injection by the Delegatee is limited to a specific Delegatee, for a specific Client and for a specific time.
- When the Delegator determines that the Client is capable of self-administration, as documented in the IHP, the Delegator may delegate to the Delegatee as designated in the IHP the verification of insulin dosage via pump or injection.
- When the Client is not capable of self-administration, routine daily meal boluses of insulin, based on carbohydrate counts and blood glucose levels, may be injected via the insulin pump by the Delegatee as designated in the IHP.