

LOW BLOOD SUGAR (Hypoglycemia) MANAGEMENT

for Classroom teachers, bus drivers and other support staff

Student: _____ School: _____ Gr/Teacher: _____

Insulin administered at school by: Pump _____ Pen ___ Syringe _____ None _____

- Causes of Hypoglycemia**
- Too much insulin
 - Missed food
 - Delayed food
 - Extra exercise
 - Excitement

- Onset**
- Sudden

PHOTO HERE

- IF SYMPTOMS –TAKE ACTION**
- Check blood glucose if possible. Treat if below 70
 - Always treat if in doubt or blood sugar is unavailable.
 - Never leave unattended.
 - Always send to clinic accompanied by responsible person.
 - If away from school, call parent to inform of situation and need for intervention

- MILD (alert)**
- Hunger ▪ Shaky
 - Irritable ▪ Dizzy
 - Anxious ▪ Sweating
 - Crying ▪ Pale
 - Personality change
 - Tired, Drowsy ▪ Spacey

- MODERATE (not alert)**
- Confusion
 - Slurred speech
 - Poor coordination
 - Behavior changes

- SEVERE**
- Seizure
 - Loss of conscious
 - Unable to swallow
 - Combative

- MILD**
- Treat = provide sugar source
→ 3-4 Glucose Tablets OR
→ 4-6 Ounces juice OR
→ 4-6 Ounces regular soda OR
→ Glucose gel/icing
 - Wait 10 – 15 minutes
 - Retreat if symptoms persist or Blood Glucose under 70
 - Provide snack of Carbohydrate, protein (e.g. cheese & crackers)

- MODERATE**
- Treat = provide sugar source
→ Glucose gel/icing
 - Wait 10 – 15 minutes
 - Retreat if symptoms persist or Blood Glucose under 70
 - Provide snack of Carbohydrate, protein (e.g. cheese & crackers)
 - Contact parent/guardian

- SEVERE**
- Call 911
 - Position on side
 - Disconnect pump if present.
 - For Seizure or unconscious give:*
 - Glucagon – if ordered & if staff delegated to administer the Glucagon is present.
 - Contact parent/guardian

