

INDIVIDUALIZED HEALTH PLAN Form #100
Instructions

Purpose:

1. To document the individualized health interventions in the school setting.
2. Facilitate a safe process for the delegation of nursing care.
3. Support quality assurance of school health services.
4. To document special education services.

When to use the Diabetes IHP:

- For all students with type 1 diabetes and also for those students with type 2 diabetes that monitor blood glucose at school and/or are on insulin or other oral hypoglycemic medication.
- The IHP should be kept in the clinic or with the staff member who is providing the health management of the student.
- When the school nurse is providing special education nursing services related to the diagnosis of diabetes.

Documentation: (Most categories are self-explanatory)

1. Student information
2. Interventions
 - Blood sugar testing: check all that apply.
 - Medications: complete if any medication will be given at school.
 - Diet: add time of meal and snacks.
3. Emergency response plan: complete with information from healthcare provider and parent.

Process:

1. When IHP completed, sign and date that plan was developed
2. If current medical orders are on file from the healthcare provider, it is not necessary for them to sign the school healthcare plan.
3. Update as needed and/or on a yearly basis.
4. File in pupil health record at the end of the year or upon student withdrawal.